



Hip Clinical Examination Station

- This patient has pain in the right hip.
- Examine his hip.

Sticker

Item	Procedure	Weight	Marks
Opening	Introduction, Privacy, Permission & Exposure	2	
Look	General on hip: Position/ Swelling & deformity/ Attitude & extra	1	
	Skin & swelling	1	
	Muscles wasting	1	
	Look at the back	1	
Feel	Tenderness: Generalized / Specific points of tenderness	1	
	Bony landmarks: ASIS, Iliac crest, GT, symphysis pubis & SI joint	1	
	Muscles: Quadriceps, Gluteus Muscles	1	
	Temperature: Compare both sides, proximal and distal	1	
Move	Active first: General screening for pain, then passive	1	
	- Abduction / Adduction (compare with other side): - Both together - Anchor one side at edge of table - Hold ASIS	2	Any one
	Flexion / Extension (compare with other side)	1	
	- External / Internal rotation: In extension, (both together) - External / Internal rotation: In flexion (compare with other side)	2	Any one
Special Tests	Thomas test	2	
	Trendelenburg test	2	
	Leg length: True / Apparent	2	
	Impingement Test: pain with FADDIR position	2	
Gait	Walking	1	
Overall	Attitude with patient	1	
Total Marks		26	

Examiner Name:

Signature: