



## General Spinal Clinical Examination Station

Sticker

- Perform a general spinal examination.

Item	Procedure	Weight	Marks
Opening	<ul style="list-style-type: none"><li>• Introduction, Privacy, Permission &amp; Exposure</li></ul>	2	
Look	<ul style="list-style-type: none"><li>• General Position &amp; Deformity</li></ul>	1	
	<ul style="list-style-type: none"><li>• Skin, Muscles, and bony landmarks</li></ul>	1	
	<ul style="list-style-type: none"><li>• Shoulder height from back</li></ul>	1	
	<ul style="list-style-type: none"><li>• front, back, side: Standing <u>OR</u> Sitting</li></ul>	1	
Feel	<ul style="list-style-type: none"><li>• Tenderness, Temperature</li></ul>	1	
	<ul style="list-style-type: none"><li>• Landmarks and muscles (central and paraspinal)</li></ul>	1	
	<ul style="list-style-type: none"><li>• Sacro-iliac joints / Coccyx</li></ul>	1	
Move	<ul style="list-style-type: none"><li>• Forward flexion / Backward extension</li></ul>	1	
	<ul style="list-style-type: none"><li>• R and L lateral flexion</li></ul>	1	
	<ul style="list-style-type: none"><li>• R and L rotation</li></ul>	1	
Special Test (Ask to perform it & interpretation)	<ul style="list-style-type: none"><li>• Hoffmann's sign: sitting</li></ul>	1	
	<ul style="list-style-type: none"><li>• Spurling's test: sitting</li></ul>	1	
	<ul style="list-style-type: none"><li>• Adam Foreword test: standing</li></ul>	2	
	<ul style="list-style-type: none"><li>• Straight Leg Raise test: supine</li><li>• SLR Confirmatory test</li></ul>	1	
	<ul style="list-style-type: none"><li>• Patrick / FABER test: supine</li></ul>	1	
	<ul style="list-style-type: none"><li>• Femoral Stretch test: lateral or prone</li></ul>	1	
General	<ul style="list-style-type: none"><li>• Attitude towards patient</li></ul>	1	
Total Marks		20	

Examiner Name: .....

Signature: .....